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**AFFINIA GARDENS' POST-SURGERY GUESTS GET
"NIPPED" AND "TUCKED-IN" WITH ULTIMATE COMFORT AMENITIES**

NEW YORK — Taking its lead from the ever-growing popularity of plastic surgery, as evidenced by programs from FX's "Nip/Tuck" to ABC's "Extreme Makeover", the newly re-launched and renovated Affinia Gardens hotel, formerly the Lyden Gardens hotel, has added amenities to ensure that its post-operative guests are "Tucked" into relaxing comfort as they recover from being "Nipped". Located in close proximity to a number of leading hospitals including Manhattan's Eye, Ear and Throat Hospital, the Affinia Gardens ensures that its post-surgery guests will recuperate in a tranquil, private atmosphere.

The Affinia Gardens' "Nipped and Tucked In" amenities are specifically designed to meet the needs of post-operative guests in a discreet setting where unusual and individual requests are tended to with special attention. From a four-choice pillow menu and grocery shopping services to a private entry, the "Nipped and Tucked In" program at the Affinia Gardens ensures an atmosphere of discretion and convenience.

The property, which has been re-decorated in consultation with surgeons to provide the optimum recovery environment, features a soothing, sage green color scheme. Each spacious suite includes a sofa bed designed like a day bed, with loose back pillows to make it easy for family members or a private nurse to stay overnight or for guests to visit. New reclining chairs also offer an added degree of comfort. In addition, special vanity units with high-intensity lighting have been installed in each room for easy viewing.

Many plastic surgeons recommend that patients requiring minimal post-operative care stay in a hotel following their surgery so they do not have to make arrangements for equipment,

provisions or everyday chores like cooking and cleaning. According to surgeons, a comfortable, relaxed setting is an important factor for ensuring a smooth and speedy recovery process.

Affinia Gardens “Nipped and Tucked In” amenities:

- Four-choice pillow menu including wedge & satin-covered pillows
- Custom-designed vanity/console unit with high-intensity lighting
- A back entrance available for those who require total privacy
- Blackout draperies
- Grab bars in showers
- Shower chairs
- ADA-compliant rooms
- In-room refrigerators with freezers to make/store ice
- Delivery from restaurants that will prepare any meal as requested
- Access to same-day delivery from Barnes & Noble, personal shopping, and similar services
- Referral to in-room wellness services such as spa treatments and private yoga or relaxation sessions

Hotel services and in-room amenities:

- Concierge services
- Grocery shopping
- Guest laundry facility
- On-site fitness center
- Lobby tea bar/24-hour quiet zone
- Pullout sofa bed
- Reclining chair
- Fully equipped kitchen with complimentary coffee/tea
- Clock/radio/CD player with “white noise” feature
- Adjustable “gooseneck” bedside lighting
- Two-line phones with voicemail, including cordless speakerphone
- Wireless high-speed Internet access
- In-room DVD player and video rental upon request
- On Command video

Affinia Gardens, A Tranquil Suite Hotel, is located at 215 East 64th Street and is known for spacious suite accommodations, gracious staff, and a tranquil, home-like environment ideal for short and long-term stays.

Affinia Hotels is a brand unlike any other. Affinia is a collection of lifestyle hotels focused on providing guests with total comfort and convenience. All locations are uniquely designed with the business and leisure traveler in mind in prime Manhattan, Chicago and Washington, DC locations. Each Affinia property has a special focus such as fitness, tranquility, or location. The collection includes the Affinia 50, Affinia Dumont, Affinia Gardens, Affinia Manhattan, Affinia

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